

FASTING

Write an "S" on the line beside the things of the Spirit and an "F" on the line beside the things of the flesh. There are seven things of the Spirit and seven things of the flesh.

Remember, things of the flesh are not always bad things, but giving them up for a while will make you stronger in Jesus.

learning God's Word_

Praying_

not doing homework_

playing video games_

going to church_

serving others_

loving everyone_

Watching TV_

drinking soda_

obeying parents_

COMPLAINING_

eating candy_

obeying the Bible_

listening to bad music_

Use with lesson 6

Spirit stuff: learning God's Word, going to church, loving everyone, obeying parents, obeying the Bible, praying, serving others
Flesh stuff: not doing homework, drinking soda, eating candy, playing video games, watching TV, complaining, listening to bad music
In the last activity, rope #3 leads to Pascal